

Safety Blast – Are You Dressed Correctly?

Personal Protective Equipment (PPE)

8 Pieces of PPE Recommended in a Lumber Yard

1. **Hard Hats** – to protect against falling objects.
2. **High Visibility Clothing** – when working near trucks, Forklifts, or other vehicles one should wear high visibility garments to make them as visible as possible to nearby operators.
3. **Safety Shoes** – to protect against falling objects or punctures through the bottoms of the shoe. A good pair of safety shoes will also reduce the risk of slips/trips/falls.
4. **Ear Protection** - If working in noisy areas you should always wear ear protection. Keep in mind even if the noise is not uncomfortably loud it can still cause long-term hearing loss. (According to OSHA Permissible Exposure Limits (PEL) is 90dBA for an 8-hour day)
5. **Eye Protection** – Safety glasses or face shields should always be worn if doing a task that generates flying particles. This includes sawdust, particles do not need to be big to cause eye damage.
6. **Gloves** – these are useful when handling all materials. This will help prevent against splinters, skin irritations, along with lacerations, cuts, and punctures.
7. **Dust Mask** – when generating sawdust that cannot be collected in a dust extraction system. This will protect your lungs especially when working with chemically treated woods.
8. **ICE Grips** – preventing slips/trips/falls due to inclement weather (SILBA is a member of the Winter Walking Program see link for more info <https://www.zeroslips.com/usi>)



PPE for Truck Drivers

- **Hard Hats** – should be worn whenever the driver is outside the truck cab.
- **Eye Protection** – should be made available to all drivers for when they encounter a situation that might require them.
- **Hand Protection** – gloves will help protect against laceration, punctures and reduce injury from caught in/between
- **High Visibility Clothing** - to increase visibility when delivering on the roadway or construction site.
- **Safety Shoes** – will assist in protecting against slips/trips/falls along with struck by and caught in /between injuries. Safety shoes includes **ICE Grips**.
- **Ear Protection** – must be made available when encountering a situation that might require hearing protection.



THE EMPLOYER MUST ENSURE:

- Meets industry standards.
- Is maintained in serviceable condition.
- Is used consistently in the field.

Where do you find the standards and recommendations for most PPE? – <https://www.ansi.org/> and/or <https://www.osha.gov/laws-regs/regulations/standardnumber/1915/1915SubpartIAppA>



Discussion Points:

- What is some of the PPE you like to wear, and why?
- Where is the PPE located in your yard/truck?
- Who do you ask if you need new PPE?
- Do you wear your Ice Grips? Why/Why Not?