

Safety Blast – Loading Things to Remember

When Loading Your Box Truck – Remember to:

- Inspect your truck floor – is it ready to accept the weight of the material?
- Keep your Box clean and free of debris.
- Loads can shift – make sure to use your E-Track Fastening System correctly.
- Inspect your E-Track fastening system for bends breaks or debris.
- Make sure you have the tools/equipment needed for unloading.



Your Ramps Should....

- Ramps are a great way to unload box trucks safely and ergonomically.
- Should be ventilated - this allows rain and snow to fall through it.
- Should have a knobby surface, which also prevents ice buildup and gives the driver's boot a better grip.
- Should be easy and light enough to deploy safely, consider a ramp lift assist, which will greatly reduce the ergonomic strain.
- Sides of the ramp should be high enough to prevent loaded dolly wheels from hopping over the side.



Things to remember when strapping down loads on a flatbed:

- Distribute the weight – center the weight and distribute evenly.
- Secure material with the right tools – chains, chain binders, cargo straps, braker bars, etc. to safeguard your load.
- Inspect all straps, chains, chain binders, braker bars – to insure they are free of damage or uncompromised.
- Safely access your flatbed trailer – when climbing up and down use the access points properly - do not jump up or down from the bed of the truck.



Discussion Points:

- What do you do to reduce physical stress that could help others?
- Do you inspect your truck and load?
- Do you have access to all the tools you need to secure and unload?
- Who do you ask if you need new straps or unloading equipment?